Diabetes Health Concerns

Eye Problems

From the Centers for Disease Control and Prevention (CDC)

• <u>Take Charge of Your Diabetes: Eye Problems</u>

From the National Eye Institute

- Diabetic eye quiz
- Health information on eye diseases
- <u>Talking to your doctor</u>
- What you need to know about diabetic retinopathy

From Medline Plus

• Interactive tutorial on eye disease, diabetes, retinopathy prevention and treatment

Foot Problems

From the CDC

• <u>Take Charge of Your Diabetes: Foot Problems</u>

From the National Diabetes Information Clearinghouse

• How diabetes affects the feet and how to prevent foot problems

From Medline Plus

• <u>Interactive tutorial on foot care, footwear, preventing injury, and resources</u>

Dental Problems

From the Centers for Disease Control and Prevention (CDC)

• Take Charge of Your Diabetes: Dental Disease

From the National Diabetes Information Clearinghouse

How diabetes affects gums and teeth and how to prevent problems

From MedlinePlus

• Diabetic kidney disease

From the National Kidney Foundation

Diabetes and chronic kidney disease

When you have diabetes, you are at increased risk for developing chronic kidney disease.

More than 35% of U.S. adults with diabetes have chronic kidney disease. In many cases, early detection and treatment of kidney disease can help prevent more serious kidney disease and other complications.

Nerve Complications

From the Centers for Disease Control and Prevention (CDC)

• Take Charge of Your Diabetes: Nerve Problems

From the National Diabetes Information Clearinghouse









• Nerve damage (neuropathy) of diabetes: prevention, diagnosis and treatment

From MedlinePlus

• <u>Diabetic nerve problems</u>

Heart and blood vessel diseases

From the Centers for Disease Control and Prevention (CDC)

• Take Charge of Your Diabetes: Heart and Blood Vessel Problems

From the National Health, Lung, and Blood Institute

- Types of heart and blood vessel diseases
- What is a heart attack or a myocardial infarction?
- What is atherosclerosis?
- What is coronary artery disease?
- What is heart failure?

From MedlinePlus

- Coronary artery disease
- Heart disease

High blood cholesterol

From National Health, Lung and Blood Institute

- <u>Information on cholesterol</u>
- What is high blood cholesterol?

From MedlinePlus

- <u>Interactive tutorial on cholesterol, diagnosis, and treatment</u> <u>Test your Knowledge</u>
- Search for cholesterol

High blood pressure and hypertension

From the National Diabetes Information Clearinghouse

• High blood pressure and diabetes

From MedlinePlus

High blood pressure
Interactive MedlinePlus tutorial on high blood pressure



